



NATIVE COURTWORKER
AND COUNSELLING ASSOCIATION OF BRITISH COLUMBIA

January 13, 2021

Surrey Indigenous Mental Health and Addictions Counseling Program (SIMHAP)

We are a full-time, culturally appropriate program open Monday to Friday from 8:30am to 4:30pm, cell: 604-679-2258 email: amitchell@nccabc.com. (SIMHAP) 520 Richards Street Vancouver, BC V6B3A2. Our program is positioned as low barrier and we take walk-in, self-referrals, and agency referrals.

We deliver Mental wellness and Substance abuse counseling programs for the Indigenous population in the Surrey area. We work with individuals to develop a healing and wellness plan, which works with them to hold onto their traditional and cultural practices. This Holistic and client-centered approach results in effective outcomes as well as improved health and wellness outcomes for our Indigenous population.

We provide various types of counseling such as: individual, couple, family, and group counselling. We also provide group workshops on a variety of topics.

Our Indigenous Mental Health and Addictions Counseling follows a holistic approach that involves interconnectedness between family, community and spirituality that also includes Traditional teachings and Spiritual practices with Elders and Healers. We are LGBTQ friendly to those who are struggle with discrimination and isolation, that lead to depression and anxiety.

We are Indigenous clinical counselors with undergraduate degrees in counseling reflecting knowledge and understanding of our diverse Indigenous cultures. A program of the Native Courtworker and Counseling Association of BC, serving the Indigenous Community for 45 years.

Sincerely
Arthur Paul
520 Richards Street
Vancouver, BC, V6B3A2