# HELPING MANA TO END VIOLENCE



## MOVING FORWARD » Violence Against Women

According to Statistics Canada's 2009 General Social Survey (GSS) on Victimization, nearly 67,000, or 13 per cent of Aboriginal women aged 15 or older who lived in the provinces, self-reported that they had been the victim of one or more violent crimes in the 12 months prior to the survey. Education and awareness are vital in turning the tide on violence towards Aboriginal women and children. Striving to have life experiences recognized for its insight and wisdom; empathy and compassion to assist in breaking the cycle of violence against Aboriginal women and children is imperative.

### **Native Courtworker & Counselling Association of B.C:**

- Embraces all women who have endured violence.
- Believes in empowerment through new beginnings.
- Recognizes all Aboriginal women who work diligently to provide valuable support that encourages women and children to become strong leaders in their communities.

www.nccabc.ca

VICTIMS AWARENESS WEEK

NCCABC ACKNOWLEDGES THE SUPPORT OF STATUS OF WOMEN CANADA
This project was made possible with funding from the Department of Justice Canada

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# HELPHARMAN TO BULLYING



## MOVING FORWARD » Cyber Bullying

Email messages, blogs, and cell phone texting can create bullying humiliation with just a few clicks. This technology allows users to inflict pain without seeing its effect, and may foster even more meanness than face-to-face bullying. Bullying may be a single physical attack or spreading rumours and social exclusion. Ridicule is the most common form. Cyber bullying uses websites, email, and cell phones to harass victims.

Cyber bullying victims often consider it cowardly to report bullying, so listen to your child and watch for warning signs of the effects of bullying such as unusual behaviour and class performance. Victims are often scared of leaving home – especially going to school. Stopping bullies begins at home, and schools must be informed as to cyber bullying.

Native Courtworker and Counselling Association of B.C. recommends:

- Always know what your children are doing online.
- Put the family computer in a common room.

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## HELPing hand to END ABUSE



### MOVING FORWARD » Elder Abuse

Elder abuse takes on multiple forms, from physical violence to financial scams to emotional neglect. Elders need someone to look after their interests with care and a sincere heart. When older people are isolated with no family member or friend giving them continual support, they are left vulnerable to the many manifestations of abuse. One of the best ways for elders to stay safe is to stay connected.

### The Native Courtworker & Counselling Association of British Columba believes:

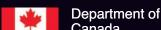
- Living longer than our ancestors is one of the most remarkable achievements of the twenty-first century
- To be an elder and to live in dignity free from all forms of abuse and violence should be a common goal for everyone.

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